



TAS
THE ARMIDALE
SCHOOL

EXPLORE
EXPERIENCE
EXCEL

TAS TALKS

WEEKLY NEWSLETTER

Wednesday 14 November 2018 Term 4 Week 5

FROM THE HEADMASTER



Mr Murray Guest

Remembrance Day

After the big Armidale Remembrance Service in Central Park on Sunday, the School commemorated the 100th anniversary of the signing of the Armistice on Tuesday in a short but solemn and significant ceremony around the flag poles. This was, of course, an important opportunity for our school community to particularly recognise the long history of service and sacrifice from former students and staff members of TAS and the excellent work of the TAS Ceremonial Guard in providing the catafalque party, as they did at the Armidale service, did justice to the event. In what have become recent traditions, the combined choir sang Paul Jarman's 2016 commissioned piece 'Soldier On' and Blake and Hayley Whitehill provided the pipes and drums.

Whilst we remember the TAS history of military service that dates back to the Boer War each week in assembly as another name from the Book of Memory is read, this year was a special occasion at TAS and across the country and I thank our student body for bringing such dignity to it. Remembering in this way is one of the features of school life here that students will carry with them for many years into the future and it continues to hold a special place for us.

Rowing Season Launch

The launch of the new rowing season on Malpas Dam last Friday evening highlighted again that the rowing community is a tight-knit and special group and the opportunity to join them for their first special event of the new rowing year was much appreciated. There are few sports that demand the same level of commitment and teamwork as rowing and I am sure that is what makes them such a cohesive group. Every rower knows that just one moment of imprecision or failure to really commit from a single individual will impact the whole crew and it seemed clear on Friday evening that every student there understood what they were getting into. Rowing, in its current format, is still a relatively recent addition to the TAS sporting program and it is encouraging and pleasing to see its upward trajectory continuing.

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ArtSound 2018

I offer congratulations to students and teachers in our Visual Arts and Music Departments who presented such an impressive and entertaining collaboration last Thursday evening. In only its second year, this showcase of Year 11 music and art has gained a reputation as one of the feature creative arts evenings of the year and it was very encouraging to see such a good audience on hand. For those still unfamiliar with the event, the theme is one of matching the major art projects for the year with original music scores composed for the particular artwork, with each artist and musician speaking to their work for the audience. The efforts this year were eclectic and bold and there is clearly great promise in our new crop of senior creative artists. I look forward to seeing and hearing all they bring to their senior year.

Weekend Ahead

This coming weekend will bring together a suite of major school events that will make it one of the major weekends of the school year. Grandparents' Day, the Year 10 Dinner, the TAS biennial art show and TAS@Dusk have been deliberately scheduled together so that those travelling will be able to enjoy as much of them as possible. I know that the planning and work behind the scenes for these events have been going on for months now and I thank the many parents and staff who have been contributing so generously. It promises to be a wonderful weekend and I look forward to seeing everyone who can possibly join us.

Murray Guest



GRANDPARENTS' AFTERNOON

The Armidale School wishes to acknowledge the special role grandparents play in the lives of their grandchildren by welcoming them as guests of the School at our biennial Grandparents' Afternoon.

Friday 16 November

2pm-4pm

Join us for afternoon tea, tours of the school, a special concert, debate and other activities. On display in the Hoskins foyer will be the P&F Art Show featuring art works for sale by New England artists. Then on Saturday, there will be attractions aplenty at TAS@Dusk, the annual P&F Fete, from 3-8pm.

This weekend offers a wonderful variety of events for grandparents to experience with their families and we encourage all to attend.

[CLICK HERE](#) to view the program for the afternoon.

We look forward to welcoming our TAS grandparents to TAS!

WEEK 5

Wednesday 14 November P&F Meeting (TAS@ DUSK) (7pm)

Friday 16 November Grandparent's Afternoon (2-4pm)
P&F Art Show (2-7pm)

Saturday 17 November TAS@Dusk (3-8pm)

P&F Art Show (9am - 8pm)

Sunday 18 November P&F Art Show (10am-2pm)

WEEK 6

Thursday 22 November Bivouac

Saturday 24 November Junior School Musical Working Bee

WEEK 7

Wednesday 28 November P&F Meeting (7pm)

Friday 30 November JS Bike Day and Triathlon
Year 5 Dinner

CONFIRMATION SERVICE

A TAS Confirmation Service will be held on Monday 10 December in the TAS Chapel at 2pm. If you would like your child to be Confirmed please contact Reverend Newton on rnewton@as.edu.au to discuss.



TAS@DUSK – SATURDAY 17 NOVEMBER 17 & ART SHOW FRIDAY 16

Come and join us this weekend at TAS@Dusk... It will be a wonderful day... we will have

- Bouncing Castle, face painting, hair colouring, Lob-a-choc and Tombola
- Zorb Balls, Dunk Tank, Rugby toss and Guess the weight of Rambo the Sheep
- Emporium and TAS memorabilia
- Plant Stall and Manure with special guest Jenny Sewell (Garden Designer) available to answer questions from 3-5pm
- Several fabulous raffles
- Produce Stall with homemade goodies, TAS Puddings and Peonies
- Old Armidaliens' Barbecue, pizza, pork sliders, popcorn, ice creams and other food and drink
- TAS Country Ninja Challenge Races
 - Years K-5 from 3-4pm
 - Years 6-8 from 4pm
 - Years 9-12 after 5pm
 - Ninja Pig House Cup at 5.45pm
- Bubbles and Beer from 5-8 pm in Hoskins Centre
- Whip Cracking by champion TAS student Henry Pitman
- TAS Music including TAS Big Band, The Rolling Oates, TAS Piano Trio, 2Styx and 2 Loud
- BackTrack Paws Up Dog demonstrations – come and support these amazing kids, their dogs and the rest of the BackTrack team.



Not content with TAS@Dusk the come and look at our biennial ART SHOW on the same weekend in Hoskins Foyer times are: Friday 2-7pm, Saturday 9am-8pm and Sunday 10am-2pm.

WE NEED YOUR HELP!!!

Please sign up to help and please think about donating some lovely items as well.

Signup sheets are available online to sign up to help for both the Art Show and TAS@Dusk

TAS @ DUSK - use this link

<http://signup.com/login/entry/1136985030637868052>

ART SHOW - use this link

<http://signup.com/login/entry/152867388055>

COMMUNITY SERVICE VOLUNTEERS – please use this link

<http://signup.com/login/entry/657025728310658052>

ITEMS NEEDED - please have a hunt round at home and if you can help with any of the following please do so. Items can be left at Main School reception.

- Good quality second hand sports gear, toys and books and items for the 'regifting' stall. These need to be dropped off by end of Thursday at the latest to Main School foyer
- Tombola Jars
- Jams, sauces and other 'home made' goodies for the Produce Stall – think CWA, Back to Country type things... home baking, chutneys, maybe some fresh veges, flowers or eggs (dated please)
- Boxes, plastic bags and recycled bags – for taking home goodies in particularly from the plant stall

Please drop Tombola, homemade goodies and boxes to Main School Reception (boxes to Foyer) until Friday or their respective stalls on the day.



FAMOUS TAS CHRISTMAS PUDDINGS – AVAILABLE FOR SALE – GET IN QUICK

The famous TAS P&F Christmas Puddings are now for sale. Puddings are \$25 each and can be paid for on TryBooking.com <https://www.trybooking.com/ZDNC>

Puddings can be collected from TAS Main Reception once they have been ordered or can be bought at TAS@Dusk at the Produce Stall. But get in quick - at this stage it is highly unlikely we will have any available for sale at Speech Day.

FINAL TAS@DUSK MEETING TONIGHT WEDNESDAY 14 NOVEMBER 7pm

Our organising committee is doing a final push towards this weekend. If you'd like to help please pop along to Big School at 7pm tonight.

Mrs Rachael Nicoll
P&F President



TAS @ DUSK

Saturday 17th November 2018

TAS Country Ninja Challenge

Kindergarten - Year 5 Races 3 - 4 PM

Year 6 - Year 8 Ninja Challenge 4 - 5 PM

Year 9 - Year 12 Ninja Challenge 5 - 5.45 PM

“NINJA PIG CUP” - HOUSE CHALLENGE - 5.45 PM

**ARE YOU UP FOR
THE CHALLENGE?**

Complete a course of country obstacles

**K - 5 - JUST TURN UP AT
3 PM READY TO RACE
INDIVIDUALS - NOT TEAMS**

**YEAR 6 - YEAR 12 - ENTER
YOUR TEAM OF FOUR
\$10 PER TEAM**

**STUDENTS OUTSIDE OF
TAS WELCOME**

**CASH PRIZES FOR WINNING
TEAMS - 1ST, 2ND & 3RD**



Entry forms are available from TAS Reception, Middle School Reception (Entry forms not required for K - 5)
Completed Entry Forms can be sent to vlucas@as.edu.au . \$10 Entry Fee to be paid at TAS @ Dusk.
For further information please call Karen Morgan 0407 636 121

I am pleased to announce that TAS is now offering the Seasons for Growth peer support program. Seasons for Growth offers children and young people a safe space to come together, and share their experiences of change and loss.

I am taking expressions of interest for your child to be involved in this program during 2019.

Please read the attached information provided about the program and if you would like to register your interest or ask any questions about the program, please contact me on agoudge@as.edu.au or counsellor@as.edu.au



Ms Alix Goudge



What is *Seasons for Growth*?

Seasons for Growth® is based on the belief that change and loss are part of life and grief is a normal response to these losses. Children, young people and adults need the opportunity to learn about how death, separation, divorce or other significant loss events may impact on their lives. The *Seasons for Growth*® programs provide an opportunity for participants to learn the knowledge, skills and attitudes required to understand and respond well to such experiences.

The *Seasons for Growth*® Children and Young People's Program:

- supports children and young people to understand and respond well to the issues they experience as a result of death, separation, divorce or other significant change and loss in their lives
- assists children and young people to understand that their feelings and other reactions are normal
- develops skills for coping, problem solving and decision making
- builds a peer support network
- helps restore self-confidence and self-esteem
- educates children and young people about the grief process.

The program is based on small group like-to-like peer learning processes (4–7 participants with 1 adult 'Companion'), creating a safe space for children and young people aged 6–18 years to practise new ways of thinking and responding to change and loss in their lives. The emphasis is on understanding the effects of change, loss and grief, whilst developing skills in communication, decision making and problem solving. The program is underpinned throughout by an emphasis on the development of children and young people's *identity* ('I am'), *relationships* ('I have') and *competence* ('I can'), helping to build self-confidence, self-esteem and a felt sense of belonging and connection.

The *Seasons for Growth*® program is evidence based and relies on research, strategies and techniques consistent with high quality, psychosocial education. The program has a sound curriculum structure and incorporates a wide range of age-appropriate activities including writing, drawing, discussion, stories, role play, music, guided meditation and journaling. Children's learning is largely generated through these activities and the conversations that emerge from stories shared, questions asked, skills learnt and friendships developed. This child-centred approach to learning encourages participants to not only value who they are and the particular 'story' they have, but also to modify where necessary their thinking, attitudes, beliefs and constructs about life and to 'take charge' of their behaviours. As de Winter and colleagues (1999) point out:

Learning by doing, learning by participation instead of exclusion is to be considered as a powerful tool to promote self-confidence, self-respect and a sense of control over one's own life.



Welcome back to our outgoing Year 10 exchange students Term 3/4:

William Braham - Felsted College, UK

Niall Moore - Woodridge college, South Africa

Lily Neilson - Hackley School, USA

Cooper Gerdes - Schule Birklehof, Germany

Toby Smith - Stanford Lake College, South Africa

Currently, we have Christen Taylor with us from Stanford Lake College until the end of term.

If you are currently in Year 9 and would like to pursue an exchange in 2019, please see Mrs Barnier.



CONFERENCES 2019

	10/12 years Regional Conference	13/15 years Regional Conference	15/18 years Regional Conference
2019	British School Jakarta, Indonesia – 26 April – 1 May 2019 (10-12 yo)	Woodleigh School, Australia (13-15 yo) 7-11 April	Shenzhen Concord College of Sino-Canada 4-9 April
2019	International Conference – Emerald Heights International School, Indore, India – Year 11 (3-9 October. 2019)		

FOR APPLICATION FORMS OR FURTHER INFORMATION CONTACT the ROUND SQUARE REPS:

Mrs Barnier at abarnier@as.edu.au or Mr Buntine at bbuntine@as.edu.au

If you are interested in applying to join the 10-12 year old delegation to the conference being hosted by the British School, Jakarta please see Miss Channon or Mr Polson.

The regional conference for 13-15 year olds, hosted by Woodleigh School in Victoria is being managed by Ms Brus and Ms Harvey. Please see them to fill out an application form.



Calling for Expressions of Interest!

Regional Round Square Conference in 2019 to be held at Woodleigh School, on the beautiful Mornington Peninsula, an hour south of Melbourne.

The conference team of students and staff have been planning and organising a diverse set of activities around the theme of Gen Z: Mind Shifters to challenge all attendees to make a difference in their community.

Overview: **GEN Z Mind Shifters**

Round Square delegates will join together to shift their thinking, inspire others and bring about change in their world, starting within what's in front of you!

This Round Square conference is for 13-15 y/o (years 7 & 8 in 2019) and will take place 7th -11th April, 2019.

Each day will focus on a different theme. Some activities include:

- ***Sailing Boat Charter Snorkel with Sea Dragons***
- ***Sea Kayaking to the Dolphin Sanctuary***
- ***Bike Riding at Pt Nepean National Park***
- ***Stand Up Paddle Boarding Experience***
- ***Rock Pool Ramble***
- ***Beginner Surf Experience***





GEN Z:
MIND SHIFTERS

**7-11
APRIL
2019**

WOODLEIGH
SCHOOL,
LANGWARRIN STH
VICTORIA
AUSTRALIA

JOIN US AT WOODLEIGH SCHOOL ON THE BEAUTIFUL MORNINGTON PENINSULA FOR THE 2019 AUSTRALASIAN AND EAST ASIAN REGIONAL ROUND SQUARE CONFERENCE. WOODLEIGH SCHOOL INVITES 13-15 YEAR OLD STUDENTS FROM ROUND SQUARE SCHOOLS FROM ACROSS OUR REGION TO ATTEND.

DELEGATIONS OF UP TO 8 STUDENT DELEGATES AND 2 STAFF DELEGATES (NEGOTIABLE PENDING OVERALL NUMBERS) ARE WELCOME TO ATTEND.

Ms Brus and Ms Harvey will accompany the delegation of 10 students.

We estimate the cost will be approximately \$2000, including a pre-conference tour to Melbourne.

Expressions of interest need to be emailed to:

cbrus@as.edu.au

and an application form will be forwarded to you. Expressions of interest close on Monday 19th November.



LEADERSHIP, SERVICE AND ADVENTURE

Lions Youth of the Year Quest

TAS was represented magnificently in this year's Dumaesq Lions Club Youth of the Year Quest by Year 11 students Will Forsyth and Henry O'Neil. Having been interviewed on their academic, sporting and community involvement by a judging panel on 3 November, the boys then took part in the public speaking component at a club meeting the following week.

After two, 2 minute impromptu speeches ('What is the value of sport to Australia' and 'Just Do It'), the boys delivered their prepared speeches. Will spoke passionately about the importance of community whether that be a village, team, cast, boarding house or school – and the struggles people such as those in detention centres have without their own sense of community. Henry challenged our thinking on how 'success' is measured, comparing 'resume virtues' with 'eulogy virtues', and urged us to be people of 'value' rather than 'success'. It was a tough job for the judges, but ultimately Will was named as the public speaking and overall winner and will move to the next level, in Walcha next year

Mr Tim Hughes

Debating and Public Speaking Coordinator.



Will Forsyth and Henry O'Neil



LEADERSHIP, SERVICE AND ADVENTURE

THE ARMIDALE SCHOOL CADET UNIT

BIVOUAC AND ANNUAL CAMP 2018

General

1. Bivouac and Annual Camp represent the culmination of the year's training. Bivouac will be conducted on 22-23 Nov at Styx River State Forest and surrounding properties. Annual Camp will be conducted over the period 1-7 Dec at Nymboida. Q Store & Advance Party will depart Fri 30 Nov. Signals Platoon & B Coy will depart on Sat 1 Dec, A & C Coys on Sunday 2 Dec.

Outline of Activities

2. Activities to be conducted include:

	Bivouac	Annual Camp
Activities	Navigation Trekking Field craft Abseiling & Prusiking (B Coy) River crossing (B & C Coy) Obstacle Course Competition (B Coy) Mountain Biking (A Coy)	Trekking Canoeing & Kayaking Ropes course River crossing Radio communication Search & rescue Orienteering Abseiling Solo over night camp (B Coy) Duo over night camp (C Coy) Canyoning (B Coy) Mountain Biking (A Coy)
Location	Styx River State Forest and adjoining private property	Nymboida via Grafton Lake Angourie & surrounds (A Coy)
Timings: Depart TAS	Thursday 22 Nov All Coy parade at TAS: 0840hrs All Coy depart: 0900 hrs	Friday 30 Nov Advance Party depart 1400 hrs or as directed Saturday 1 Dec Q Store, Signals depart at 1230hrs or as directed B Coy departs at 1230hrs Sunday 27 Nov A Coy depart at 1230hrs C Coy depart at 0830hrs
Return to TAS	Friday 23 Nov Parade: 1515 hrs Dismissal: 1530 hrs	Friday 27 Nov Parade: 1500 hrs Dismissal: 1530 hrs

Attendance

3. Bivouac and Camp are an essential component of the school's outdoor activity program and curriculum. As such, all students are required to attend and participate.

Organisation

4. Cadets will work in platoon groups of up to thirty, guided by their leaders and supervised by members of staff and Nymboida Canoe Centre guides.

5. Cadets will camp in pairs in military style hootchies with their platoon, and amenities blocks will facilitate showering and washing at Camp HQ – Nymboida Canoe Centre.

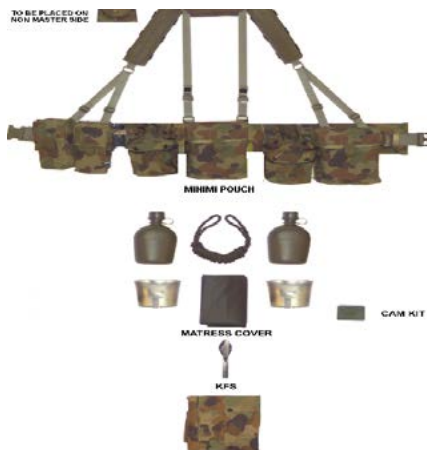
6. Most meals will be prepared and consumed in platoons, with some meals cooked and served centrally at the Canoe Centre with rations drawn from a mixture of fresh food, canned food and ration packs.

Dress and Equipment

7. Dress: • All cadets - DPCU uniform. See list below:

	School Issue	Cadet Provided
Bivouac	<p>Webbing (see diagram below) web belt x 1 water bottles x 2 bum pack x 1 ammo pouches x 2</p> <p>Back Pack Hootchie x 1 DPCU Trousers x 1 DPCU Shirt x 1 DPCU Bush Hat x 1 DPCU Jumper x 1 Boots Bush x 1 Ground Sheet</p>	<p>Sleeping bag Knife, fork and spoon set* Kidney Cup* Mug Torch* Green thermal or undershirt* Swimmers Towel (small) Socks x 2* Raincoat (poncho)* Toiletries (incl. sun cream, repellent) Change of underwear Pegs x 8 (for hootchie)* Rope/Cord x 10m (for hootchie)* Compass Notebook in plastic bag Pen* 2 x Plastic Garbage Bags (for waterproofing back pack and dirty laundry)</p>
Annual Camp	<p>As above</p> <p>*available at TAS Clothing Store</p>	<p>As above plus: Long sleeve shirt x 1 Jeans trousers x 1 Gym shoes old (Dunlop Volleys or similar for canoeing & canyoning) Underwear x 5 Socks x 3 Shorts x 2 T Shirts x 2 Kit Bag Basic Sewing Kit</p>

- N.B. 1 Pocket knives are not to be taken or carried by cadets. Only leaders can bring their own small folding pocket knife.
2. An additional set of DPCU/greens will be available at camp on a one for one basis.
3. Shoes are mandatory for water activities – Dunlop Volleys (or similar) should be purchased.



What not to Take

8. Cadets are **not to bring** the following:

- **Aerosol Cans**
- **Mobile Phones**
- **Matches/Lighters (except leaders)**
- **Other Electronic items (i.e Ipods, laptop, video games, etc)**
- **Anything valuable**
- **Lollies or soft drink**

Medical

9. First Aid kits will be carried by each section and staff will have access to more sophisticated medical kits. Serious cases of injury or illness will be evacuated to Armidale (bivouac) or Grafton (camp).

10. Sister Murray will be attending Annual Camp this year and will provide the valuable medical support that she has in past years. Please be sure to notify Sister Murray of any medical problems or medications that are not already known to the School.

Other

11. **Discipline:** Normal School discipline applies, particularly with respect to contraband and behaviour.

12. **Haircut:** Students are to ensure they parade with appropriate length hair, Boys hair should be above the collar and ears, and cropped on top and their fringe. Girls must have their hair tied back and away from the face. This will significantly aid hygiene in the field. Please note, this is a requirement of the Australian Army Cadets and is a school expectation.

13. **Laundry at Annual Camp:** Laundry tubs are available at Camp. Cadets are expected to wash their own clothing where necessary.

14. **Weather:** November & December is usually hot and humid. Cadets must be prepared for this and carry an adequate supply of sun cream and insect repellent. Spring thunderstorms are also prevalent and cadets should bring an army style rain coat or can purchase a rain jacket from the TAS Clothing Store.

Meals and Water

15. All cadets must carry 2 L of town or purified water and maintain a high daily fluid intake.

16. Food will be supplied via School catering and commercially purchased cadet ration packs. Please note:

The Australian Defence Force (ADF) is unable to provide a severe food allergy free environment (such as from peanuts) in relation to the consumption of food during cadet activities. Such a risk may be life threatening for people who suffer from a severe food allergy. Parents may consider it is in their child's best interest not to allow participation of their child in the proposed activity. In the event that the child is allowed to attend a catered cadet activity, the parents may choose to provide, at their own expense, sufficient food to cover the duration of the activity.

Conclusion

17. This document is designed to give parents and students early warning, in order to provide time for planning and preparation for both Bivouac and Annual Camp. Further details will be issued to cadets during briefings prior to each event, and any enquiries should be directed to CO Cadets Major (AAC) Angus Murray or the Quartermaster Sergeant Simon Ball.

Major (AAC) Angus Murray
Commanding Officer TASCUC

9 November 2018

LEADERSHIP, SERVICE AND ADVENTURE

TAS Surf Lifesaving Bivouac

November 22/23 2018

Travel

Depart Thursday 22 November

- 6:30am Brown Street. Pack trailer and bus at 6:15am.
- Boarders early breakfast at 6am.

Return Friday 23 November

- Depart Sawtell Beach 1.00 pm
- Arrive Brown Street at 3.30 pm (approx.)

Accommodation

Sawtell Surf Lifesaving Club

Staff

Mr J Pennington 0419250984; Mrs G Geyle-Chick

Mr M Ball

Organisation

Thursday

Arrive Sawtell approximately 9:00am.

Unpack bus.

- 9.30 am – 12.00 pm Beach Session 1
- 12.00 noon Lunch- Club
- 1.00 pm- 4.30 pm Beach Session 2
- 5:30pm Girl Fit
- 7.00 pm Dinner
- 8.00 pm – 9.00 pm Theory Session
- 9.30 pm Bed

Friday

- 5:45am Beach Session 3
- 7.30 am Breakfast-Club
- 9.00 am -12.30pm Beach Session 4
- 12.30pm Lunch- Club
- 1.30 pm Depart Sawtell

Requirements

Swimmers, goggles. Pens, Manual and Workbook. Casual clothes including covered shoes. Sleeping bags and roll up mattress, pillows, Swags if possible (Boys only). Sunscreen; Insect repellent; toiletries

Dress

To travel - School sports uniform - Full **school** tracksuit if necessary, white shirt, blue shorts, white socks, sports shoes, hat, water bottle (to be carried onto beach), swimmers (board shorts are not allowed for lifesaving activities; rashies and caps provided), towel.

Meals

Breakfast: Cereal/toast/BBQ Spreads

Lunches: Rolls, Salad filling, sliced meat, fruit

Dinners: Fish'n'Chips

The Halfway point

As a coach I urge coxswains to never tell their crew that they are half way – it doesn't matter whether you are a glass half full or a glass half empty person – halfway means that the pain that you felt for the last three-and-a-half minutes is just about to be relived.

Halfway is the hardest point in the race – too far from the beginning to feel fresh and too far from the end to sense the finish. So all you can do is focus on the now; the stroke that you are currently doing and make it the best stroke you can possibly do.

If you are at this point and looking back on a term filled with growing demands in the classroom, sporting commitments, socials and play rehearsals. Then you look forward to see HSC assessments, preparation for bivouac and activities week, formals, music practices and leadership responsibilities.....then the best you can do is to focus on NOW.

All staff know how busy you are because they are there with you. They are always there to help you understand the work missed or to guide you in time management. So if you are feeling the pinch at the halfway point remember you are not alone. Perhaps this quote will give you the inspiration to cope, and even thrive, in this manic environment.

“The true measure of your character is not whether you flourish in times of comfort and prosperity but whether you survive in times of challenge and adversity.”

Mr Will Caldwell



Mr Will Caldwell

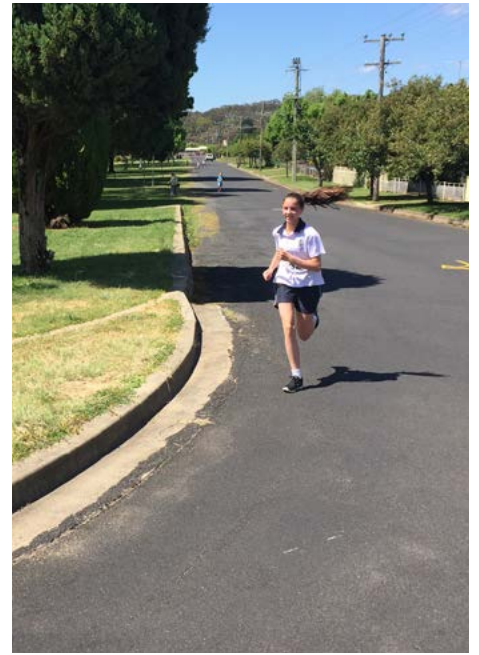


CO-CURRICULAR REPORTS

Glen Innes Fun Run

Absolutely sensational conditions greeted 22 members of the TAS Triathlon Team as they ventured into Celtic Country for the Annual Glen Gallop. A 5km jaunt through this historic town is a terrific way to spend one's Sunday morning, at least for some. The course meanders through the western side of the town, switching from bitumen to dirt as the runners head to the outskirts and then back through a lovely park to the finish at King George Oval. Sam Jones led the TAS charge, finishing in a fast 18:17 for a solid 2nd placing with Emerson Browning less than a minute behind to claim 4th overall. April Draney, Alex Reed, Karen Baker and Ben Burwell all ran strongly and should be very happy with their efforts.

James Pennington



**Grandparents' Afternoon Concert in Memorial Hall -
Friday 16 November: 3:15pm - 4:00pm**

A number of TAS ensembles and soloists have been busily preparing to perform in a concert in Memorial Hall at Grandparents' Afternoon. We look forward to inviting the grandparents of our students to see a snapshot of music at TAS. The TAS String Quartet will entertain Grandparents from 3:00pm as they are seated in Memorial Hall. We look forward to showcasing a variety of instruments including the magnificent TAS Organ.

**TAS performances at TAS@Dusk -
Saturday 17 November: 3:30pm - 6:00pm**

The following ensembles are performing next Saturday afternoon between 3:30pm – 6:00pm.

A couple of important notes:

- Students can wear neat casual clothing (no thongs please)
- Students are able to use their performance and set up time towards Community Service.

3:00pm – 3:30pm: Set-up

3.30pm – 4.15pm: TAS Big Band

4.15pm – 4:45pm: The Rolling Oates (TAS Rock Band)

4:45pm – 5:00pm: Hannah and Lily Neilson

5:00pm – 5:10pm: TAS Piano Trio

5:10pm – 5:20pm: 2Styx (TAS Contemporary Band)

5:20pm – 5:30pm: Will Nash

5:30pm – 5:40pm: Jeremy Carter

5:40pm – 6.00pm: 2Loud (TAS Rock Band)

6:00pm – 6:30pm: Pack-up

* We would be very grateful for any student volunteers (or parents) to help set up from 3:00pm. Please meet the Music staff in the Music Centre basement if you are able to help.

**Remembrance Day Service at St.
Peters Cathedral**

We were honoured to have been asked to be part of the Remembrance Day Service at St. Peters Cathedral that marked the 100th Anniversary since the end of World War 1. TAS Chapel Choir, joined TAS Senior Choir, representatives of every high school in Armidale, and TAS Camerata String Ensemble with Mr Warwick Dunham on Organ in a moving performance of "Soldier On" by Paul Jarman (TAS commissioned work). Thank you to all the performers who attended and performed at this important event.

Year 11 Art Sound - Hoskins Foyer

Congratulations to all the Year 11 Music and Visual Arts students who performed their compositions and showcased their Art at Art Sound. This wonderful collaboration between Ms Fiona Xeros' Visual Arts students and Mrs Bekk Baumgartner's Music students in the Hoskins Foyer was an impressive showcase of the talented Creative Arts students at TAS. The skills of the students were evident in the high quality of the work that was presented to an appreciative audience. Thank you to Mrs Bekk Baumgartner and Ms Fiona Xeros for organising and preparing their students for Art Sound 2018.

Ensemble Rehearsals Reminder

Our ensembles are rehearsing for some very important events this term. We require full attendance at all rehearsals each week to ensure we can achieve the high standard of performance required. As a matter of courtesy please notify your Ensemble Conductor or the Director of Music, Ms Leanne Roobol on lroobol@as.edu.au if you cannot attend a rehearsal.

Instrument Recall

On Thursday 29 November, before Activities Week, we will again be collecting all the TAS hire instruments that are currently being borrowed by students. While you are away on Activities Week these instruments will be serviced and repairs will be carried out if required. Middle and Senior students will then be able to pick up their hire instruments again when they return from their week away. TAS Junior School students will also need to hand in their TAS hire instruments on the Thursday for servicing and can pick them up once they are ready.

Ms Leanne Roobol
Director of Music



TAS Junior School
Production of

Disney



Alice in Wonderland

© Disney

JR.

Music and Lyrics by Sammy Fain and Bob Hilliard, Oliver
Wallace and Cy Coban, Allie Wrubel and Ray Gilbert,
Mack David, Al Hoffman and Jerry Livingston

Music Adapted and Arranged and Additional Music and Lyrics by
Bryan Louiselle

Book Adapted and Additional Lyrics by David Simpatico

Based on the 1951 Disney film "Alice in Wonderland"
and the novels "The Adventures of Alice in Wonderland"
and "Through the Looking Glass" by Lewis Carroll

Licensed exclusively by Music Theatre International (Australasia).
All performance materials supplied by Hal Leonard Australia.

Matinee 6 December 1.30pm
Evening Performance 7 & 8 December 6.00pm
\$15 Adults \$10 Children



For bookings visit hoskins.as.edu.au
or directly from www.trybooking.com/XTXZ

Exams and Report

While staff members are working on both looking after your children and their final marks and reports, it's appropriate that I write something about outcomes as they relate to both. Examinations, assessments and class tests are necessary. Far more than their actual marks value at this Middle School stage, they are valuable as tools and benchmarks in the process of your children's school 'careers'. Their completion indicates to all the level of effectiveness of revision, ability to perform under time conditions and familiarity with specific technique. With respectful apology to, and reverence for, that very small and select number of students who don't quite fit the mold, if all students performed brilliantly, then there'd be a good argument for shortening the school year, not to mention the whole, impliedly laborious, academic experience. Accordingly, as I've indicated in the past, it is the process that we should concentrate on, more so than the product when, as teachers and parents, we discuss outcomes with students.

Context - Grades

Good revision techniques depend on the individual who undertakes them. They don't miraculously appear out of the ether, either. Generally, they develop over a period of trial and error and again, depending on the individual, such development takes time. As adults we need to be aware of this fact and, above all else, be sure to bite our tongues before commencing any vitriolic communication about laziness, 'wasted school fees', or 'selfishness'. Unless we're absolutely 'sure of our ground' we could be doing some damage that could frustrate the process of future success.

Time Conditions

Practice makes perfect: it is only through, at times, uncomfortable practice that we learn to drive. Likewise, performance under time conditions takes time to effect good work methods and technique. Rather than vent at the unfinished product we should reflect first on what's been recorded and then enquire about what's absent from an unfinished response to a topic. This is just one of the reasons why post-exam periods at the end of the year are crucial to the overall learning experience – students need this time to reflect on, enquire about and listen to advice about their learning and exam experiences. For example, we need to advise about the wisdom of completing timed practice responses to revision materials so that a better future performance can be the result. Time can be a 'killer' and it is only through working to it (and with it) that it can be turned to advantage. Also, remember that we're working with young people who so often benefit from repetition of advice, especially at that specific time when they reflect on and assess their examination performances.

Technique

Characteristically, technique takes time to perfect and as an examination skill this is where 'trial and error' comes into play again. There are so many techniques that attach to different types of exams and while there are 'models' we follow, it's not until students develop specifically those that 'fit' them, can they then confidently approach exams. Again, we need to remind ourselves that 'one size fits all' is not the ideal 'look' because we're all different. It only through continued practice that young adolescents will arrive at the reassuring conclusion that they've modified a model that suits them.



Mr Mark Harrison

However, it is important that there is a base line for students – and ours, especially in the wider Humanities, have been given strong advice on approaches to writing – we must follow this with students till their confidence is such that they can use this method to best advantage. If this information is hard to follow, then come to talk to me.

Now and Then

What were we like when we (without computers, visuals or instant connections) were their age – really? Did we struggle? I did. Did we 'waste' time? I'm still not too bad at doing this now, as a matter of fact. Did we believe we were invincible? Did we crawl before we walked? You know the answers here. The old saying 'you can win more people with honey than vinegar' is instructive: they're young; their learning is two or three stages away from Stage 6; they can 'feel bad'. In almost all cases I think there's a better argument for sensitivity than there is for censure. These are people who are growing up and it's our job to assist the process.

For so many people exams can be unpleasant experiences but they are, as indicated, as necessary as occasional bad days – you don't appreciate the full quality of a good day unless there's a point of reference, a comparison with its opposite. Similarly, as a general rule, you don't know how to improve grades, perform effectively under time conditions, or perfect technique unless there's a 'start point'.

Aren't the Middle School students lucky that they undertake two batteries of exams each year! As young adolescents, they have the facility to fix things before they find themselves in situations where results (admittedly in this age, a far less paralyzing experience than they can be later on, thank goodness) can inexorably determine long-term futures. Ultimately, you know your children rather better than we do. If they've underperformed because of uncertain method, or because they had a bad day, or they just 'didn't get it' then you'll know what to do about it.

Still, if your child has underperformed because of laziness, I guess you'll know what the best action is here, as well. Above all else, it's our collective brief to encourage these people to learn positively from the experience of examinations.

Bivouac

Okay, as indicated last week, they're about to do the wider curriculum 'thing'. Staff will keep an eye on students and will do their best to help them. I advise you to do this as well. Including the whole of this week, there are still quite a few to go and they will be challenging but, at the end of year especially, when are they not challenging? We need to continue to work together. Mrs Frost reminded me yesterday to let you know that Middle School students have 'packing lists' for their respective bivouacs – and these lists should appear in this week's TAS Talks. Students are aware of requirements, but it would be wise if you asked them how they're going with the things they need.

Mr Mark Harrison
Head of Middle School



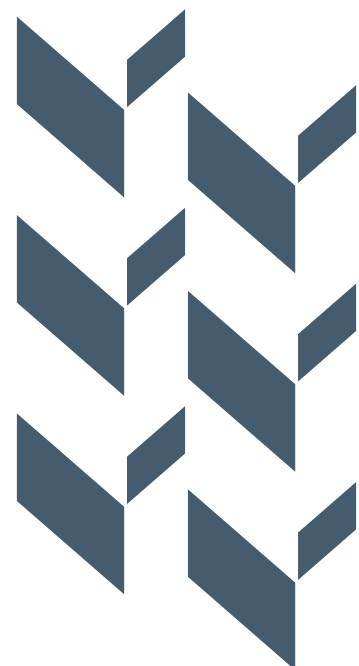
Alice in Wonderland - Working Bee

Our first working Bee was a great success on Saturday with many of the tasks organised for the day being completed. The heavy lifting on the stage, the construction and painting of the backdrop, various sets and props were complemented by the intricacies sewing, gluing and adorning of some fantastic costumes. There is still a significant amount to achieve in a short time, but we thank all those who contributed to ensuring that a great start was able to be made. We will be sending out reminders for our final working bee on November 24 next week.

And while we're at it - please ensure you're free for our end of year get together immediately after our final Musical performance on December 8, when we will gather for a celebratory BBQ and party in the Junior School Under Cover area.



Mr Ian Lloyd



Return and Earn

Congratulations Year 1 on their fantastic initiative in promoting 'Return and Earn'. Without stealing any of their thunder, they have been working for weeks (months?) with Mrs Hardin and their parents to implement this wonderful idea at School. Such a great example of community-mindedness and the success you can have with collaboration and teamwork. You will be seeing the results of their efforts.

Bike Safety and Triathlon Day - 30 November

I hope everyone is practising their skills on their pushbikes as our Bike Safety Day and Triathlon get closer. There is growing excitement at school and the preparations are well underway. While we will have a small toolkit available for minor tweaks, it is important that all bikes are in good shape to make the day a success for everyone...

School Spirit Award Recipients – Week 4

Congratulations to the following students for receiving School Spirit Awards at last week's assembly:

Will Dennison, Hercules Nedianu, Aziz Binmahfod, Lucas van der Werf, Ryne Wilkinson, Charlotte Coupland, Charlie Ward, Sinclair Little and Archie Douglas-Menzies.

Mr Ian Lloyd
Head of Junior School

Happy Birthday

Happy Birthday to Chloe Dennison and Mitchell Evans for their special days this week.

WEEK 5

Wed 11 Nov	Combined Transition & Yr 5 Assembly – Hoskins Centre 2.45 pm
Fri 16 Nov	Grandparents' Afternoon– 2.00 – 4.00 pm P&F Art Show (2-8pm)
Sat 17 Nov	TAS @ Dusk (School Fete)

WEEK 6

Wed 21 Nov	No Assembly due to JS Musical Rehearsal
Sat 24 Nov	JS Musical Working Bee – Set Building

WEEK 7

Mon 26 Nov	Junior School Sport concludes
Wed 28 Nov	Kindergarten to Thalgarrah
Fri 30 Nov	Bike Day and Triathlon Year 5 Dinner

WEEK 8

Wed 5 Dec	Final Assembly – Memorial Hall
Thu 6 Dec	JS Musical Matinee - 1.30pm Hoskins Centre
Fri 7 Dec	JS Musical – 6.00pm Hoskins Centre
Sat 8 Dec	JS Musical – 6.00pm Hoskins Centre JS End of Year BBQ – JS Under Cover Area after Musical

WEEK 9

Mon 10 Dec	JS Christmas Service 2.30
Tue 11 Dec	Pool Party – Monckton Aquatic Centre 9.00-11.00
Wed 12 Dec	JS Speech Day 5.00 – 6.00
Thu 13 Dec	TAS Students depart for Tezukayama, Japan Senior School Speech Day



Year 1's **RETURN AND EARN** Mission (Not Impossible)

Last term, Year 1 studied the PYP Transdisciplinary Theme “**Sharing the Planet**”! As part of this unit, we looked at how living things depend on their features and the preservation of their habitat to survive!

Our friend, William, came up with a great idea for us to preserve our environment at TAS. This is how it all began. William was watching a TV show one night called “War on Waste” and then he started to pick up rubbish with some of his friends.

This rubbish collecting soon turned into a ‘big picture’ idea in the Year 1 classroom. We learnt all about the **RETURN AND EARN** scheme and we decided to create an ACTION PLAN to solve the rubbish problem at TAS@DUSK. Next, we wrote a letter to the Armidale Regional Council and they very kindly gave us four big bins to decorate.

junior School designed and painted some funny characters on the bins so they would stand out and convince **EVERYBODY** to put their **RETURN AND EARN** items into them.

So, please ... can everybody try to remember to put all their **RETURN AND EARN** rubbish in our bins at TAS@DUSK so we can make TAS a tidier habitat for us all to enjoy! We are hoping to make some money to get more recycling bins at TAS and buy something for our new sustainable playground.

Year 1, 2018

Which containers can be returned for a refund?



Most 150ml to three litre drink containers will be eligible for a 10 cent refund at an approved NSW collection point. Container materials that may be eligible for a refund include:

- Glass
- Plastic
- Aluminium
- Steel
- Liquid paperboard (cartons)

Containers should be empty, uncrushed, unbroken and have the original label attached. Wine, spirits, cordial and plain milk containers are generally not eligible.



Indoor Hockey

On Friday 9 November, four TAS teams played indoor hockey. Today, I would like to tell you about my game that was played at 5.20 pm. My team and I play in Division 1. This week, we played the Strikers from St Mary's. We ended up losing (5-1) but we played very well. Charlie Ryan scored one goal and had a great game. I would like to thank Mitchell Evans for playing kicking back the whole game. Everybody had a great time and we all played very well. Thank you to everybody who made this happen. A special thanks to Hannah Neilson our coach and Mrs Hardin our manager. And one last congratulations to everybody who played. We played very well but just couldn't come away with a win... but there is always next week!!!

Archer Starr (Year 4)

Gymnastics

This week's warm-up was a game of 'Shark!' Students then did a whole group rotation on the high bar, beams, springboard and of course, into the foam pit. Students are gaining confidence in all of these activities each time.

The group rotations this week were:

1. Further swinging on the high bar.
2. Forward rolls.
3. Animal walks.
4. Springboard jumping.

As it is so popular, and we had extra time, students then had an additional opportunity to jump into the foam pit. The session wound up with some stretching, forward supports and back supports.

Mrs Waters and Mme Perrin continue to be impressed by the developing skills of Junior School gymnastics students.

Reminder:

- Pick up from Gymnastics Centre 4.40 pm
- Pick up from TAS JS undercover area 4.50 pm
- Pick up from turning circle by 5.00 pm

Mrs Victoria Perrin-Baker

TAS Junior School Triathlon – Friday, 30 November

Our annual Junior School Bike Day and Triathlon will be held in our beautiful grounds on Friday, 30 November. Bike Day will commence at 9.00 am with activities involving obstacle courses, long distance rides and bike safety sessions.

Our Triathlon will commence at 2.00 pm after walking the course at 1:30. Lunch will be as normal on the day.

Kindergarten and Year 1 students will all be involved in a team event, whilst students in Years 2 and above will have a choice of either entering as an individual or as part of a team.

Following are the distances each year group will have to complete as part of the Triathlon.

	Swim	Bike	Run
Kindergarten	1 lap	½ lap	½ lap
Year 1	1 lap	½ lap	½ lap
Year 2	2 laps	½ lap	½ lap
Year 3	2 laps	1 lap	1 lap
Year 4	3 laps	1 lap	1 lap
Year 5	3 laps	1 lap	1 lap

Please ensure your child has their bike in good working order ready for the day, along with their bike helmet, drink bottle and hat. Children will wear sports uniform for the entire day.

Presentations will be held from 3.00pm on Wakefield Oval.

If you would like to assist with the Triathlon and are available to help direct competitors, please contact Mrs Christine Wright cwright@as.edu.au or Mrs Sandra Lasker in Junior School reception.

Mrs Christine Wright

THE AUSTRALIAN VOICES

GORDON HAMILTON

Artistic Director

present

RED LIVE BREATH



Join one of the country's premiere vocal ensembles for a program of beautiful Australian works and sacred classical music. The program is named after 'Red Live Breath' by Cathy Milliken. This stunning ritualistic work is a sculpture of music and vision that sets the concert in a magical place.

Sunday 25 November, 7:30pm
St Peter's Anglican Cathedral
Armidale

Tickets: \$29 (\$20 student/ conc., \$5 under 16)
Concert duration: 80 min, no interval

This project has been assisted by the Australian Government through the Australia Council, its arts funding and advisory body



Australian Government

Australia
Council
for the Arts



bookings | www.theaustralianvoices.com/concerts



WOMEN IN TECH WITH ELISHA TAN, ARMIDALE

DESCRIPTION

In celebration of Women's Entrepreneurship Day, Jobs for NSW brings international success story Elisha Tan to Armidale for an exclusive event.

Elisha will lead you on her journey from putting her heart and soul into a startup that failed and being fired from her job, to building developer communities for Facebook and empowering more than 2400 women through TechLadies.

This intimate event will include question time and a networking opportunity.

ABOUT ELISHA

Elisha is passionate about bringing people together to solve important problems.

She founded TechLadies - a community for women in Asia to learn technical skills and switch careers into the tech industry.

Prior to TechLadies, Elisha founded a startup called Learnemy, an online skills marketplace. That startup failed but when Elisha was deciding whether she should shut it down, she moved to Silicon Valley for advice and mentorship. Her story has been covered by Today for its Singapore National Day Special and by The Business Times.

Elisha enjoys sharing her startup experiences and lessons learned and has been featured on media including The Straits Times, Her World, e27, and High Net Worth. She has been a mentor at Startup Weekends (San Francisco & Penang) and SPARK Global Acceleration Program.

DATE AND TIME

Thu. 15 November 2018
2:00 pm – 4:00 pm AEDT

Visit: <https://www.eventbrite.com.au/e/women-in-tech-with-elisha-tan-armidale-tickets-51132059366> to register